

1st Edition

January 2017 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2  Center Closed	3 Bird Stroll 9:30-11:30 Bridge 10:00-12:00 Zumba 10:30-11:30 Chess 2:00-3:00 Dance, Dance 2:30-3:30 NO Sit and Fit	4 Line Dancing 10:00-11:00 Hearts 10:00-12:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Pool Play 1:00-3:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15	5 Book Club - The Empty Mansion Callanetics® 10:00-11:00 Bridge 10:00-12:00 Gentle Yoga 11:00-12:00 One /One Pool 11:00-2:00 Worldanz 1:00-2:00 Clay 1:00-4:00 Tai Chi 2:00-3:00	6 Brain Games 10:00-11:00 Euchre 10:00 - 12:00 French 11:00-12:00 Adult Color 11:30-12:30 Floor Yoga 12:30-1:30 Painting 1:30-3:30
9 Line Dancing 10:00-11:00 Jewelry 10:00- 12:00 Int. Spanish 11:00-12:00 Gentle Yoga 12:30-1:30 Crochet 1:00-2:00 Tai Chi 1:30-2:30 Callanetics® 2:45-3:45	10 Hootenanny Bird Stroll 9:30-11:30 Bridge 10:00-12:00 Zumba 10:30-11:30 Sit and Fit 1:00-1:50 Play Pool 1:00-3:00 Dance, Dance 2:30-3:30	11 Card Making Line Dancing 10:00-11:00 Hearts 10:00-12:00 iPhone/iPad Adv. 10 - 11 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Pool Play 1:00-3:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15	12 Diabetes Assoc. Callanetics® NO CLASS Bridge 10:00-12:00 Gentle Yoga 11:00-12:00 One /One Pool 11:00-2:00 Worldanz 1:00-2:00 Dominoes 1:00 - 3:00 Clay 1:00-4:00 Tai Chi 2:00-3:00	13 Brain Games 10:00-11:00 Euchre 10:00 - 12:00 French 11:00-12:00 Adult Color 11:30-12:30 Floor Yoga 12:30-1:30 Painting 1:30-3:30
16 Martin Luther King Day Center Closed	17 Bird Stroll 9:30-11:30 Bridge 10:00-12:00 Zumba 10:30-11:30 Sit and Fit 1:00-1:50 Chess 2:00-3:00 Dance, Dance 2:30-3:30	18 Line Dancing 10:00-11:00 Hearts 10:00-12:00 iPhone/iPad Adv. 10 - 11 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Pool Play 1:00-3:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15	19 Lunch/Movie- "Sully" Callanetics® 10:00-11:00 Bridge 10:00-12:00 Gentle Yoga 11:00-12:00 One /One Pool 11:00-2:00 Worldanz 1:00-2:00 Dominoes 1:00 - 3:00 Clay 1:00-4:00 Tai Chi 2:00-3:00	20 Brain Games 10:00-11:00 Euchre 10:00 - 12:00 French 11:00-12:00 Adult Color 11:30-12:30 Floor Yoga 12:30-1:30 Painting 1:30-3:30
23 Line Dancing 10:00-11:00 Jewelry 10:00- 12:00 Int. Spanish 11:00-12:00 Gentle Yoga 12:30-1:30 Crochet 1:00-2:00 Tai Chi 1:30-2:30 Callanetics® 2:45-3:45	24 Hootenanny Bird Stroll 9:30-11:30 Bridge 10:00-12:00 Zumba 10:30-11:30 Sit and Fit 1:00-1:50 Dance, Dance 2:30-3:30	25 Line Dancing 10:00-11:00 Hearts 10:00-12:00 iPhone/iPad Adv. 10 - 11 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Pool Play 1:00-3:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15	26 Property Tax Info Callanetics® 10:00-11:00 Bridge 10:00-12:00 Gentle Yoga 11:00-12:00 One /One Pool 11:00-2:00 Worldanz 1:00-2:00 Dominoes 1:00 - 3:00 Clay 1:00-4:00 Tai Chi 2:00-3:00	27 Smoothie Demonstration Brain Games 10:00-11:00 Euchre 10:00 - 12:00 French 11:00-12:00 Adult Color 11:30-12:30 Floor Yoga 12:30-1:30 Painting 1:30-3:30
30 Line Dancing 10:00-11:00 Jewelry 10:00- 12:00 Int. Spanish 11:00-12:00 Gentle Yoga 12:30-1:30 Crochet 1:00-2:00 Tai Chi 1:30-2:30 Callanetics® 2:45-3:45	31 Astronomy Presentation Bird Stroll 9:30-11:30 Bridge 10:00-12:00 Zumba 10:30-11:30 Sit and Fit 1:00-1:50 Dance, Dance 2:30-3:30	<div style="text-align: center;">  <p>Central DeKalb Senior Center 1346 McConnell Drive Decatur, GA 30033 Monday - Friday, 9:00am - 4:00pm</p> </div>		

